



ORIGINAL TACOS (Original)

- 1 1/2 lbs. (675 g) lean ground beef
- 1 medium onion, finely diced
- 1 garlic clove, finely minced
- 1 tsp (5 ml) chili powder
- 1/2 tsp (2ml) cumin
- Salt & pepper to taste
- 1/2 cup (125 ml) Cattle Boyz Original BBQ Sauce
- 6 hard taco shells

Place ground beef in heavy skillet. Cook over medium heat, stirring to break into small pieces. Remove from heat when ground beef is well browned and crumbly. Drain excess fat. Return to heat. Add onions and garlic. Cook for 5 minutes over medium heat, stirring occasionally, until onions are soft. Stir in chili powder, cumin, salt, pepper and Cattle Boyz. Continue cooking over medium heat for 10 to 15 minutes. Spoon ground beef mixture into taco shells. Serve with grated Cheddar cheese, shredded lettuce, diced tomatoes and sour cream and salsa if desired. Makes 6 servings.